

Presented By: Environmental Education Associates, Inc. www.environmentaleducation.com

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DAY 1		Date:	
Time Allotment	Торіс	Method(s) of Instruction	Instructor(s)
15 Minutes	Registration/Introduction		
30 Minutes	History of Use: (Lecture)	Manual Section 1, Video: Asbestos: A Matter of Time (U.S. Bureau of Mines, 1959)	
30 Minutes	 Identification of Asbestos: (Lecture) Types and physical characteristics of asbestos including fiber size, aerodynamic characteristics and appearance; Common uses and applications for asbestos containing products 	Manual Section 2, PowerPoint Presentation	
60 Minutes	 Health Effects of Asbestos Exposure: (Lecture) Factors affecting disease development including: properties of asbestos; exposure pathways; concentration and duration of exposure and natural defenses; Clinical signs of exposure based on visible changes in x-rays e.g.: pleural plaques and fibrosis; Asbestos-related diseases including definitions and concepts of risk, latency, symptoms, diagnosis and treatment; Health risks to family members of asbestos workers; Synergism between smoking and asbestos exposure and lack of safe exposure level 	Manual Section 3, PowerPoint Presentation	
15 Minutes	Break		
60 Minutes 30 Minutes	 Current Federal, State and Local Regulations: (Lecture) OSHA (29 CFR 1926.1101, 29 CFR 1910.134, 29 CFR 1910.1001, 29 CFR 1910.1200) EPA (AHERA, NESHAP) New York State (12 NYCRR Part 56) NYS Applicable Variances Employee PPE - Respirators: (Lecture) 	Manual Section 4, Handouts: Referenced Regulations, PowerPoint Presentation Manual	
	 Classes and characteristics of respirator types; Limitations of respirators and their proper selection, inspection, donning, maintenance and storage Methods for positive and negative user seal 	Section 5, PowerPoint Presentation	



DAY 1 (Cont	.)	Date:	
Time Allotment	Торіс	Method(s) of Instruction	Instructor(s)
60 Minutes	 checks; Qualitative and quantitative fit testing; Variability between field and laboratory protection and factors that alter respirator fit e.g.: facial hair Components of a proper respiratory protection program 		
30 Minutes	 Employee PPE - Protective Clothing: (Lecture) Selection, use and handling of personal protective clothing: including disposable and non-disposable clothing, purpose, donning, removal, storage, handling and disposal; Uses and limitations of PPE e.g.: eye protection, hard hats, hoods, gloves, boots and booties 	Manual Section 5, PowerPoint Presentation	
45 Minutes	Other Safety Hazards: (Lecture) Electrical Hazards; Heat related conditions; Other air contaminants; Fire and explosion hazards; Scaffold and ladder hazards and proper use; Confined spaces; Slips, trips and falls 	Manual Section 11, PowerPoint Presentation	
15 Minutes	Break		_
30 Minutes	 Summary of Abatement Control Options: (Lecture) Removal, encapsulation, enclosure, repair and an operations and maintenance program 	PowerPoint Presentation	
60 Minutes	 Overview of Abatement Projects: (Lecture) Abatement as a portion of a renovation project; Notification of other contractors on a multi- employer site 	Manual Section 20	

DAY 2 Date:			
Time Allotment	Торіс	Method(s) of Instruction	Instructor(s)
30 Minutes	 Role of Other Consultants: (Lecture) Development of technical specification sections by industrial hygienists or engineers; Multidisciplinary team approach to abatement design 	Manual Section 22	
90 Minutes	 Safety System Design Specifications: (Lecture) Design, construction and maintenance of containment barriers and decontamination enclosures; Positioning of warning signs; Electrical and ventilation system lock-out; Minimizing fiber release; Work area entry/exit procedures; 	Manual Sections 6-10, PowerPoint Presentations, Glove bag Demonstration	



DAY 2 (Cont	t.)	Date:	
Time Allotment	Торіс	Method(s) of Instruction	Instructor(s)
	Use of wet methods;		
	Use of negative pressure exhaust ventilation		
	equipment;		
	Use of HEPA vacuums;		
	 Proper clean-up and disposal; 		
	Encapsulation, enclosure and repair work		
	practices;		
	 Use of glove bags and a demonstration of glove 		
	bag use;		
	Techniques for initial cleaning of the work area		
15 Minutes	Break	1	1
30 Minutes	Fiber Aerodynamics and Control: (Lecture)	Manual	
	Aerodynamic characteristics of asbestos fibers;	Section 9,	
	 Importance of proper containment barriers; 	PowerPoint	
	Settling time for asbestos fibers;	Presentation	
	• Wet methods;		
	Aggressive air monitoring following abatement;		
	Aggressive air movement and negative pressure		
45 Minutes	ventilation as a clean-up method	Manual	
45 Minutes	Occupied Buildings: (Lecture)	Section 26,	
	 Special design considerations required for occupied buildings; 	PowerPoint	
	 Education of occupants; 	Presentation	
	 Additional monitoring recommendations; 	Tresentation	
	 Staging work to minimize exposures; 		
	 Scheduling of renovations to minimize exposures, 		
60 Minutes	Lunch		
30 Minutes	Designing Abatement Solutions: (Lecture)	Discussion,	
	 Discussions of removal, enclosure and 	PowerPoint	
	encapsulation methods;	Presentation	
	Asbestos waste disposal		
45 Minutes	Budgeting/Cost Estimation	Manual	
	 Development of cost estimates; 	Section 25,	
	Present costs of abatement vs. future operations	PowerPoint	
	and maintenance costs;	Presentation	
	Setting priorities for abatement projects to reduce		
	costs		
30 Minutes	Writing Abatement Specifications: (Lecture)	Manual	
	Prescriptive vs. performance specifications;	Section 23,	
	Design of abatement in occupied buildings;	PowerPoint	
	 Modification of guide specifications to a particular building: 	Presentation	
	building;		
	Worker and building occupant health/medical considerations:		
	considerations;		
	 Replacement of ACM with non-ACM; Post abatement clearance and air monitoring of 		
	 Post abatement clearance and all monitoring of work area; 		
	 Preparation of and need for written project design 		
15 Minutes	Break	1	1



DAY 2 (Cont.)		Date:	
Time Allotment	Торіс	Method(s) of Instruction	Instructor(s)
45 Minutes	Writing Abatement Specifications: (Lecture) Cont.	Manual Section 23, PowerPoint Presentation	
45 Minutes	 Final Clearance Process for Re-occupancy: (Lecture) Discussion of the need for a written sampling rationale for aggressive final clearance; Requirements of a visual inspection; The relationship of visual inspection to clearance air sampling 	Discussion, Handout: ASTM E-1368	

DAY 3	Date:		
Time Allotment	Торіс	Method(s) of Instruction	Instructor(s)
30 Minutes	 Replacement: (Lecture) Replacement of ACM with asbestos-free substitutes 	Manual Section 23	
60 Minutes	 Preparing Abatement Drawings: (Lecture) Significance and need for drawings; Use of as-built drawings as base drawings; Use of inspection photographs and on-site reports; Methods of preparing abatement drawings; Diagramming containment barriers; Relationship of drawings to specifications; Problems related to abatement drawings 	Manual Section 24, PowerPoint Presentation	
15 Minutes	Break		
45 Minutes	 Employee Personal Protective Equipment and Clothing: (Hands-on) Practice selecting, donning, doffing, handling, storing and disposal of protective clothing; Practice selecting, donning, doffing, handling, maintaining and storing respirators; Perform positive and negative user seal checks 	Hands-on	
60 Minutes	 Field Trip: (Hands-on) Visit an abatement site or other suitable building site; On-site discussions of abatement design and rationale for the concept of functional spaces; Building walk-through inspection followed by discussion 	Hands-on	



DAY 3 (Cont	t.)	Date:
30 Minutes	Contract Preparation and Administration: (Lecture)	Manual
		Section 14
45 Minutes	Legal Liabilities/Defenses: (Lecture)	Manual
	 Insurance and bonding; 	Section 14,
	Hold-harmless clauses	PowerPoint
	 Use of contractor's liability insurance; 	Presentation
	Claims made vs. occurrence policies	
30 Minutes	Course Review	Handout:
		Asbestos
		Review
		Questions,
		Student Q&A
15 Minutes	Break	
90 Minutes	Course Exam	